

## Briefing to Road Marshals

### Rotary Dorset Bike Ride 2018

Thank you so much for helping out as a marshal. Your help is greatly appreciated by the riders.

Please read these notes which cover

- **What to take**
- **Your Role**
- **Accidents**
- **Breakdowns**
- **When to finish**

1. **What to take:** Please ensure you have:
  - a. A copy of this briefing
  - b. A copy of the route map
  - c. An accident form (attached)
  - d. A fully charged mobile phone with you.
  - e. A high visibility jacket – if you do not have one, please collect from David King 01929 471087 at Hyde Woods, Hyde Wareham beforehand or from the start at Longthorns.
  - f. The Task and Position list of helpers with their mobile numbers so you can ring others marshals to find progress.
  - g. Any first aid material you have at home to hand out, but they are not to administered unless you are first aid trained, but you can hand them out for the rider to use.
  - h. A lunch pack and drinks for yourself.
2. **Your position** on the course is shown on the route map by red boxes and arrows. Most positions are at cross roads or turnings. Please stand so that the riders and cars can see you as they approach the junction or turning. On right hand turnings you may need to stand several yards before the turning to warn riders to start moving to the right if it is clear and ready to turn.
3. **Your role:** As marshals you are there to ensure the riders follow the correct route and to **give them plenty of encouragement. You are not there to ensure they cross the road safely – it is up to them to cross when they believe it is safe.** Your presence with a High Viz jacket is also a warning to motorist there is something happening.
4. **Routes:** There are 10, 22,35, 45, 55, 70, 80 and 108 mile routes.

Our riders will have the small ticket below attached to their handle bars except this year they will be yellow:

Make sure our riders follow the correct route rather than other riders in front of them as they may not be part of our ride or on the same route.



5. **Accidents:** If there is an accident, use your own judgement whether you need to dial 111 for non emergency or 999 for emergency services. If you do need to call 111 or 999 services please let us know as soon as you can after you have made the call **by dialling our emergency number on 01929 401539 which is at Longthorns**. If it is a minor accident and the rider needs a plaster or bandage and you have some with you, offer this to them. You cannot administer first aid unless you have been trained, but you can provide plasters and bandages for them to use. Otherwise call David King on our emergency number 01929 401539 and one of our first aiders will either come out or collect the rider and take them back to the start for treatment. **Please complete an accident form for all accidents.**
6. **Mechanical breakdowns:** Likewise if a bike has mechanical problems or needs a lift back, then call the above number. We will have cars to pick riders and their bikes up as well as mobile mechanical support from Cycleworks and another unit somewhere on route.
7. **When to finish:** Please remain at your position until the last rider has been passed. We hope to have a **sweeper** at the end that will be able to inform you when all riders have passed your position and you can leave. You can also ring other positions before your position (refer to map and task position sheet) and ask them if all riders have gone through. Please refer to the other marshal number on the route map and the list of marshals and mobile numbers on the Task and Position List.

8. Please only use the above emergency number for problem reporting, for general information call Richard Burnett or David King on the control centre at Longthorns on 07786 566181 and 07973 189395, although mobile signals at the control centre is very limited. Calling either of these two between 8am and 10am may also be difficult as they will be starting the ride.